



ST ANDREW'S THEOLOGICAL COLLEGE (SATC)

COURSE NAME: PASTORAL COUNSELING II

COURSE CODE: PC200

COURSE CREDIT: 3

COURSE DESCRIPTION:

The course entails a deep understanding of the theories and practice of counseling. The course covers counseling situations that arise at home, in church, in groups, at school, in the workplace, in the community-wherever people meet and interact, including the offering of pastoral care where necessary.

AIM:

To provide students with advanced counseling skills and techniques that would be helpful to them in developing competencies in pertinent situations.

LEARNING OUTCOMES:

Students will be able to:

- Select techniques appropriate to given situations.
- Utilize advanced counseling techniques.
- Develop their emotional intelligence.

COURSE CONTENT:

- Typical types of situation that occur day by day that require counseling help.
- Differentiating Secular counseling and Religious counseling.
- Qualities of a good counselor.
- Principles and techniques of counseling.
- Putting counselees at ease.
- Setting up an office for counseling
- The importance of listening.
- The counselor and confidentiality.
- Importance of non-verbal communication.
- The counselor looks at himself/herself. Challenges that confront counselors in counseling.
- Importance of knowing when to make a referral.
- Counseling of children, including children from broken homes.
- Counseling of young people-focusing on some of the different types challenging situations they face.

COURSE TEXT:

Clinebell, H. J. (1966, 1984). *Basic types of pastoral care and counselling*
Nashville: Abingdon Press



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TEACHING AND LEARNING STRATEGIES:

Lectures

Discussions

Role playing to utilize some of the principles of clinical pastoral education

Research

Verbatim reports

Discussion of readings

COURSE ASSESSMENT:

Role Play 20%

Mid-Term Paper 20%

Final exam (2 Essays (20% each); Structured type (20%)) 60%

TOTAL 100%